

**Join us in the Flight to
make India Anemia free !**



ARTIST Health Skill Academy
Collaborating to Skill India

**ONLINE HSSC
CERTIFICATION
for ASHAs
Staff Nurses
Frontline healthcare
providers**

**Digital skill transfer course
TEST TREAT & TALK
for Anemia Mukh Bharat
counselling
and competency**



ANEMIA MUKH BHARAT

**Contact Us For
More Info**

☎ 9844046724

📍 DIVAKARS SPECIALITY HOSPITAL
ARTIST SKILL GURUKOOL

✉ artistbengaluru@gmail.com

**Enroll for the three
module once a week
90 min online course and
get certified as a
wellness ambassador for
Anemia free India**

JOIN NOW
Fast track
online

**Master trainers to train in
local languages
Frontline healthworkers
individually assessed and
certified**

Iron deficiency

4-6 billion

Global burden of IDA



Anaemia



A unit of
Divakars Speciality Healthcare pvt Ltd
Center for excellence in women's healthcare

...fight anaemia

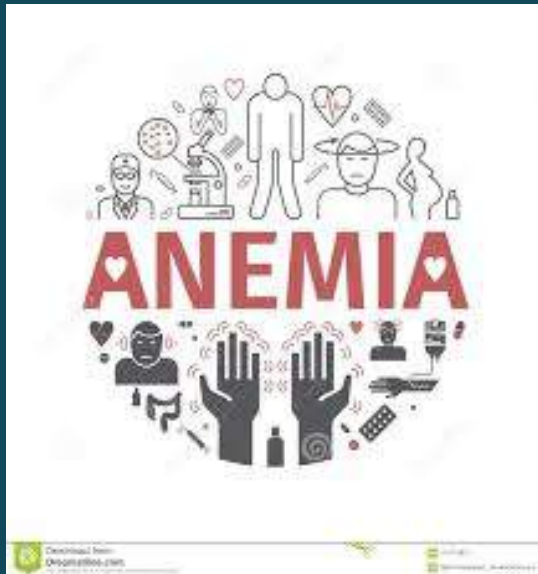


...add colour to her life

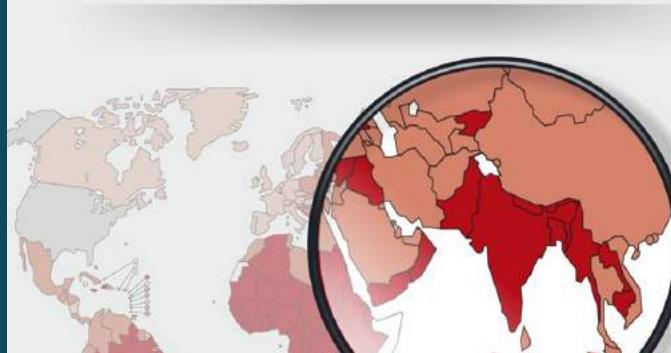
What is Anemia?

How can Anemia be tested and treated?

How to Stop Anemia ?



Despite various government initiatives, Anemia is still one of the top endemic problems in India



Every 1 out of 3 pregnant women in India have Hb < 10 gm%



20% of maternal deaths are caused by Anemia



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COURSE CONTENT

**TEST
TREAT
TALK**



Lack of interest in work.

Shortness of breath.

Weakness.



Paleness of lower eyelids.

Paleness of tongue.

Paleness of hands.

Low birth



Do's:

IFA tablet

Lemon water



Green leafy vegetables

Meat



Vitamin C rich fruits

Sprouted pulses



Don'ts:

Tea and Coffee

Calcium Tablets

IFA &

When and what to get examined?



Haemoglobin testing and examining the paleness of skin, nails, tongue and eyes



**Anemia
Mukt
Bharat**



AWARD CEREMONY POST CERTIFICATION





ENROLL TODAY



SAY NO TO ANEMIA

JOIN NOW

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